



# Summer Readiness Checklist for Rising First Graders

Help your child get ready for First Grade by practicing these important skills over the summer!

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## Reading and Writing

- ☐ Read simple books independently or with help
  - ☐ Retell a story with a beginning, middle, and end
  - ☐ Recognize all uppercase and lowercase letters
  - ☐ Know the sounds for all letters (phonics)
  - ☐ Decode consonant/vowel/consonant words
  - ☐ Read common sight words (like *the*, *and*, *is*, *can*)
  - ☐ Write their first and last name neatly
  - ☐ Practice writing simple sentences with first letter uppercase, remainder lowercase and spaces between words and end marks
  - ☐ Practice drawing detailed pictures to match writing
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## Math

- ☐ Count forward to 100 by 1's, by 10's, and 5's and backward (work toward 100)
  - ☐ Recognize and write numbers 0–20 (work toward 0–50)
  - ☐ Add and subtract numbers within 10
  - ☐ Understand concepts like more/less, bigger/smaller, longer/shorter, left/right
  - ☐ Identify and describe basic shapes
  - ☐ Sort objects by size, color, or shape
  - ☐ Recognize simple patterns (red-blue-red-blue)
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## Fine Motor Skills

- ☐ Use scissors to cut along curved and straight lines
  - ☐ Color neatly and within the lines
  - ☐ Form letters and numbers correctly
  - ☐ Use glue appropriately without mess
  - ☐ Practice tying shoes (if not already mastered)
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## Gross Motor Skills

- ☐ Skip, hop, run, and jump easily
  - ☐ Walk safely up and down stairs with alternating feet
  - ☐ Throw, catch, and kick a ball
  - Balance on one foot for 10 seconds or more
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## Self-Help and Independence

- ☐ Manage personal belongings (backpack, jacket, lunchbox)
  - ☐ Follow multi-step directions independently
  - ☐ Stay focused on a task for 15–20 minutes
  - ☐ Clean up after activities without reminders
  - ☐ Practice opening your snacks and drinks.
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## Social and Emotional Skills

- ☐ Work cooperatively with other children
  - ☐ Show kindness, respect, and good manners
  - ☐ Express feelings with words
  - ☐ Solve small problems independently or with minimal help
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## Language and Communication

- ☐ Speak clearly and in complete sentences
  - ☐ Answer "who," "what," "when," "where," and "why" questions
  - ☐ Tell about personal experiences in order
  - ☐ Listen to others without interrupting
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## Daily Practice Tip:

Encourage 15–30 minutes of reading, writing, and math activities daily to keep skills strong and boost confidence for First Grade!